

Beds WithOut Breakfast

Since 2007 “grandmother” hosts across Canada, and more recently in the UK, have been welcoming fellow members of the Grandmothers’ Campaign to their homes for Beds WithOut Breakfast (BWOB). This programme in support of the Stephen Lewis Foundation is intended for members of registered grandmother groups, regular SLF volunteers, and, in some cases, their friends and family. It is not open to members of the general public. Hosts provide accommodation for 1-3 nights in return for a donation to the Stephen Lewis Foundation. Despite the name, many hosts include a light breakfast and all include a warm welcome.

How does it work? Interested hosts contact lindataberner@yahoo.ca for details on getting registered. Would-be guests may also contact Linda or the hosts directly. Please indicate your granny group in your inquiry. Arrangements should be made well in advance, since hosts are not typically in the bed and breakfast business, so may be away or unavailable for extended periods. A few homes are suitable for just one guest, but most can accommodate travelling companions and some accept referred friends and family members. Unless mutually convenient other arrangements are made, guests should plan to arrive in the evening and leave in the morning, making their own plans for daytime activities. Access to the host’s living areas is at the host’s discretion. Payment is made by the guest paying the host who in turn sends a donation to the Foundation, along with a donor form as hosts are eligible for a tax receipt. Unless stated otherwise, suggested donations are per room per night and cash is generally preferred.

We encourage grandmothers and grandothers to consider the programme when making travel plans for a weekend away or a major tour. Apart from the obvious benefit to travelling grannies in getting a room for much less than they would otherwise have to pay, this is a great opportunity to meet and network with members of other groups in different parts of the country. Most importantly, this is another source of funds to support the wonderful work done by the Foundation in helping our African counterparts.

Please direct any questions, comments or concerns to lindataberner@yahoo.ca. Potential guests writing to Linda should please specify the home about which you are inquiring.

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The following listings are arranged in a very approximate east to west order, with the exception of the UK homes which are at the end of the list.

Nova Scotia

Tatamagouche, Tiny home, self-contained accommodation adjacent to family cottage on a beautiful beach in sheltered Amet Bay, with nice warm water. Very comfortable queen size bed, table and chairs for two and a dresser. Amenities include indoor plumbing and shower as well as a mini kitchen nook suitable for simple meals and snacks, a mini fridge, microwave and coffee pot.

It is located between Tatamagouche (10 miles away) and River John, on the route to Cape Breton and the Cabot Trail, also near Pictou and New Glasgow, home of the first Scots emigrating to Nova Scotia. Tatamagouche is a pretty little town with interesting shops, restaurants and a brewery. Nearby the lovely early 1920's Pictou Lodge features kayaking, biking and lovely walks as well as a first class restaurant. Available June, July and September. Max. guests usually 2 but additional guests may occasionally be accommodated in main cottage. Max 5 nights. Suggested donation \$50 per night. If no reply to email please call 902 225 0646. Photos available on request.

Contact earleretson46@gmail.com

New Brunswick

Shediac Bridge, Waterfront home with private beach offering 2 guest bedrooms, 1 with queen bed and 1 in self contained "bachelor" apartment with twin sofa beds, for max. 4 guests for a negotiable number of nights. No smoking; pets negotiable. Close to beaches with warmest water north of Virginia Near Moncton, Magnetic Hill, Fundy Park and other parks. Will accept friends/family referred by grannies. Suggested donation \$50- \$100 per night.

Please contact gibbibas2@gmail.com

Quebec

Morin- Heights, Bungalow in central Laurentians offering bedroom with double bed, max. 2 people for max. 3 nights, no smoking/pets. Internet access inside and trail access outside. Hiking, cycling in summer and skiing and snowshoeing in the winter. Close to the Village of Morin-Heights with all the services needed. <https://www.morinheights.com/>. Will accept friends/family referred by grannies. Suggested donation \$50 per night. Contact krose@sympatico.ca

Ontario

Ottawa, 4 storey home with powder room but no bedroom on the main floor, has 2 guest bedrooms available on second floor, one with twin beds, one with queen and A/C, shared bathroom, and/or lower level den with double Murphy bed and own bathroom, for max. 3 guests, max. 3 nights. No smoking/pets. Pleasant garden to enjoy in the summer months. Centrally located near Dow's Lake, the World Heritage Rideau Canal and restaurants of the Corso Italia (Preston Street), close to bus routes to take you to all the museums, Parliament Buildings, National Arts Centre and National Gallery. Neighbourhood is adjacent to the Glebe and is a 5 block walk to Bank Street. Several bikes available for use. Grannies/SLF volunteers + guests referred by grannies welcome. Suggested donation \$50. Hosts match guests' donation. Contact catherinebell@theottawahometeam.com

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Petawawa, former 4-Star Bed & Breakfast, two storey home on the Petawawa River, the entire second floor available to guests, includes two bedrooms (one with queen bed, the other with queen and single beds), 4 piece bathroom and lounge, with fridge and tea/coffee/cold beverages. Up to 5 guests, max. 3 nights. No smoking, ask about pets. Close to Algonquin Park, white water rafting on the Ottawa River, Garrison Petawawa. Will accept family and friends referred by grannies. Suggested donation \$50 per night.

Contact ostrom@nrtco.net

Belleville, two storey home offering two rooms with double beds upstairs plus single bed downstairs for max. 5 guests, length of stay negotiable. No smoking, no pets- cat in home. Short drive to Sandbanks and Presqu'île provincial parks, Kingston. Will accept family and friends referred by grannies. Suggested donation \$50 per night per room.

Contact lennoxcj@yahoo.com

Fenelon Falls, two storey home offering 3 bedrooms, one of which is on the ground floor, each room with double bed, for max. 4 guests, max. 3 nights. No pets, smoking permitted outside. Swimming, fishing, golfing, antiques, live theatre available locally with all the attractions of Toronto 2 hours away. Will accept friends/family referred by grannies. Suggested donation \$40.

Contact gdbachman@yahoo.com

Welland, 2 storey detached home in the heart of Niagara peninsula offering a private finished basement suite with 1 bedroom with double bed, full bathroom and sitting room with couch for max. 2 guests, max. 2 nights. 20 minutes from St. Catharines to the north, Port Colborne to the south, Niagara Falls to the east. Nearby attractions in addition to the Falls include the Shaw Festival at Niagara on the Lake. No smoking/no pets. Will accept family/friends referred by grannies. Suggested donation \$50 per night including light breakfast.

Contact lindataberner@yahoo.ca who will forward requests.

Toronto, Built 1930, 1 and 1/2 storey home in Swansea, offers guest room with a double bed on the main floor with a bathroom with a tub and shower beside it. 1-2 guests for max. 3 nights. Pets accepted. Hypoallergenic dog in home. No smoking. Hosts' bedroom is upstairs so guest would have privacy at night. Near Jane subway, High Park, Humber River, Lake Ontario, Bloor West shopping district. Grannies/SLF volunteers + travelling companions only. Suggested donation \$40. Contact lindataberner@yahoo.ca who will forward requests

Midland, detached home in downtown Midland offering 1 room with double bed for 1-2 guests, max. 3 nights, no smoking, pets ok. Beaches, water sports, walking, historical (St. Marie Among the Hurons), wetlands, birding. Will accept friends/family referred by grannies. Suggested donation \$40. Contact lindataberner@yahoo.ca who will forward requests.

Hamilton 2 Queen beds on quiet cul-de-sac. This is a 5-star Airbnb on quiet cul-de-sac offering bedroom with one queen bed and rec room with queen pull out sofa for max 4 guests, max 2 nights. Must be OK with stairs. Smoking outside only. Friendly, neutered dogs welcome; note male neutered dog in home. Close to buses, local eateries, Locke Street shopping, groceries, etc, and easy access to hiking trails, Niagara wine district, Niagara Falls (1 hour) and Toronto (1 hour). Will accept friends and

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family referred by Grannies. Suggested donation \$60 for 1 guest or \$90 for 2 guests per room. Contact kathryncowley@gmail.com

Cambridge, new bungalow with tranquil Oriental patio garden in quiet area of West Galt, offering basement level guest room (with windows) with queen size bed + double foam mattress and 4 piece bath for max. 4 guests, max. 3 nights, no smoking/pets. Area offers great cycling, riverside walking trails, University of Waterloo School of Architecture, African Lion Safari. Will accept family/ friends referred by grannies. Suggested donation \$40 per night.

Contact pwheff@golden.net

Meaford, Attached bungalow unit in 55+ accessible community in small town on Georgian Bay, offering one queen bed and bathroom on the main floor, and a double bed and extra long single plus bathroom downstairs, for max. 4 guests, length of stay negotiable. Guests have use of the kitchen for breakfast (or there are several good breakfast restaurants in town). A car is a necessity. Home has immediate access to the Georgian Trail (one bike available), 10km drive to access the Bruce Trail. Will accept family/ friends referred by grannies. Suggested donation \$40 per night. Contact

lindataberner@yahoo.ca who will forward requests.

Point Edward (Sarnia), one bedroom with queen bed and sofa in family room plus bathroom in lower part of house, for max. 2/3 people for max. 2 nights. No smoking, small dogs an option. Friendly non shedding small dog in home. Use of kitchen, large backyard and deck. Walking distance to waterfront and Bluewater Bridge to Port Huron, Michigan. Will accept friends/family referred by grannies.

Suggested donation \$45 per night.

Contact njcressman@hotmail.com

Manitoba

Winnipeg, 2 storey home in St Vital suburb (SE) offering one room with double bed and another with single bed; full bathroom; light breakfast, for max. 3 people, length of stay negotiable, no smoking no pets. Will accept friends/family referred by grannies. Suggested donation \$40 for double room, \$30 for single room.

Contact dianesabourin@mymts.net

Saskatchewan

Regina, bungalow in south east neighbourhood offering private basement bedroom with one queensized bed and attached 3-piece (shower) and/or a main floor bedroom with one queen-size bed and access to a three-piece bathroom with tub for combined max. 4 guests, length of stay negotiable. Deck and backyard may be enjoyed in the summer. No smoking. Prefer no pets but also negotiable. Walking trails, leisure centre, library, and lots more within short driving distance, such as Legislative Building, Royal Saskatchewan Museum, shopping, restaurants. Close to public transportation. Grannies/volunteers and travel companions welcome. Suggested donation \$45 per night, light breakfast included.

Contact sfahlman@sasktel.net

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Moose Jaw, cosy, bright bungalow across from park and walking trail, offering one upstairs room with double bed; two rooms in recently finished basement with 2 piece bathroom (bathtub upstairs), one room has double bed, large room with T.V. and sauna has a queen bed and a double futon. Pleasant patio and backyard. Max. 5 guests for max. 3 nights. No smoking/ pets. Attractions include Temple Gardens Mineral Spa; historical downtown with tunnel tours; performing arts centre; Western Development Museum. Will accept friends/family referred by grannies. Suggested donation \$30 per room.

Contact ayers@sasktel.net

Alberta

Didsbury, offering 2 guest bedrooms downstairs with shared bathroom, shower room upstairs: 1 queen bed (which can become 2 twin) and 1 double for max 4 people, max 3 nights. No smoking/pets. Set in the rolling foothills of the Rockies, 10 miles west of Didsbury in rural Alberta on a quarter section about 3/4 hour north of Calgary International Airport, about an hour north of the Calgary Stampede Grounds, near Banff to the south and the Royal Tyrrell Museum, Drumheller. Will accept friends/family referred by grannies. Suggested donation \$30 per room including breakfast.

Contact ejw@airenet.com

Meridian Beach, single family home set in beautiful new development on shore of Gull Lake, offering a guest suite above the garage with separate access. Large studio room with a queen sized bed, kitchen counter and fridge and a bathroom, max. 2 adults, though with potential for family of up to 4 using air mattress and crib, max. 3 nights. No pets/no smoking. The lake offers water sports in the summer and snow/ice activities in the winter. There is an eatery with a small convenience store. Closest township is Rimbey, app 25 km away. 1 hr from Edmonton, 2 hr from Calgary, a serene spot between the 2 cities. Will accept family and friends referred by grannies. Suggested donation £50.

Contact kuhnelb@gmail.com

British Columbia

Genelle (nearTrail), large home offering 2 guest bedrooms for max. 5 guests, max. 3 nights. One room has queen bed, other has ¾ bed and 2 singles. Guests have own bathroom. No smoking, small, friendly dogs accepted, Sheltie in home. Conveniently located for major routes, Nelson, Castlegar and Rossland. Grannies and their families/SLF volunteers only. Suggested donation \$50 per room. Contact joansheloff@hotmail.com

Kamloops, medium sized family home offering 2 spare bedrooms with double beds for up to 3 guests for max. 3 nights, no smoking/pets. Simple breakfast included. Kamloops is a convenient stopping off spot between the Rockies and the coast. Close proximity to lakes, hiking, golf in summer and skiing in winter. Grannies and their families/SLF volunteers only. Suggested donation \$40. Contact mmbaker5@telus.net

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Maple Ridge, two rooms with double beds and private bathroom available on lower floor of 5 unit multi-family complex, for max. 4 guests, max. 3 nights. No smoking, small pets accepted. Quiet street with garden at the back and a view of the Fraser River. One block to Westcoast Express commuter train station, 1 hour to the Waterfront Station in downtown Vancouver, 40 kms away. Walking distance to the local downtown. Nearby Golden Ears Provincial Park has camping, hiking, swimming. There are many places for swimming, boating, fishing. Maple Ridge and Pitt Meadows together have about 50 km of dykes for walking and cycling - mountain views all around. Grannies/SLF volunteers and their travel companions only. Suggested donation \$35 per couple.

Contact lindak7@gmail.com

Vancouver, totally updated 3 storey home built in 1939, offering 3 rooms for max. 6 guests, max. 3 nights. 1 room on main floor has a private bathroom with shower and tub, queen sized bed, T.V. 2 bedrooms on the second floor share one bathroom with tub and shower - 1 bedroom has a queen sized bed and a T.V., 1 bedroom has a double bed. All rooms have hardwood floors, wifi and central air during the warm months. Hot tub available for use. No smoking/pets. (Home has 2 friendly dogs.) On street parking. Centrally located on bus route to downtown which is only 15 minutes away, convenient for all of Vancouver's main attractions. Van Deusen Botanical Gardens a few blocks away, Queen Elizabeth park is a 5 minute drive. Grannies/SLF volunteers and their travel companions only. Suggested donation per room \$75, breakfast included.

Contact lindataberner@yahoo.ca who will forward requests.

Vancouver, home on Capilano River in West Vancouver, North Shore, close to downtown, spare room and bathroom suitable for up to 2 guests, max. 3 nights. Sunroom has extra sleeping space and wash basin. Lovely deck for quiet time, easy walk to shopping centre, restaurants, bus service and seaside park. No smoking/pets. Will accept friends/family referred by grannies. Suggested donation \$45 including light breakfast.

Contact Sandra sysinbc@icloud.com

Sidney, townhouse offering one small guestroom with queen-sized bed for max. 2 guests, max. 3 nights. No smoking, no pets. Easy access to ferries to mainland or for guests without a car, a few blocks from buses into Victoria with its attractions. 1 woman's bike and 1 man's bike available for guests to borrow, along with cycling map, and hosts can accompany if wished and if available. Grannies/SLF volunteers and their travel companions only. Suggested donation \$40 for one, \$50 for two, including light breakfast.

Contact dljokinen@icloud.com

Victoria, family home in quiet neighbourhood, 10 minutes from downtown, 1 km to ocean and beautiful Oceanside trail to Victoria Harbour, 2 adjoining rooms, bedroom with queen sized bed and ensuite bathroom, sitting room with sofa bed, kitchenette with fridge and microwave. Internet. Up to 4 people, max. 3 nights, own guest entrance. No smoking, pets accepted. Easy access to BC Museum, Maritime Museum, Naval Museum, Butchart Gardens, Legislative Building, Whale watching, hiking, cycling trails, etc. Grannies, friends/family of grannies and SLF volunteers. Suggested donation \$60.

Contact susan7powell@gmail.com

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Victoria, Dockside Green condo offering 1 room with daybed and with private bathroom across the hall for max 2 guests, (prefer 1 female but couples accepted,) max. 2 nights. No smoking, small dog acceptable. Located between the Bay St and Johnson St bridges with views of the Gorge waterway, directly on the Galloping Goose Trail. Ideal for cycling, walking 10 minutes to downtown Victoria, close to the West Song Walkway on the Pacific side from Vic West to Esquimalt. Will accept female friends/family members referred by grannies. Suggested donation \$60 per night.

Contact marionpape@shaw.ca

Parksville, semi detached bungalow (2 steps to entrance) offering one bedroom with 2 twin beds and private bath/shower for max, 2 guests, max. 3 nights. No pets, no smoking. Set in the beautiful Craig Bay community, a 10 minute walk to the beach, with its summer beach fest (free music and sandcastle competition). Other area attractions include hiking, and an hour away is Mount Washington for skiing. Light breakfast, (i.e., fruit, granola, yoghurt, tea/coffee) included. Grannies/volunteers and their travel companions only. Suggested donation \$60 per night per couple.

Contact tedandcnichols@shaw.ca

Courtenay, mostly self contained annex with own level access entrance providing living room with kitchenette, main bedroom with queen bed and en suite with toilet/washbasin, loft area above with 2 single beds, fine for children. Annex has door to adjoining main home for use of shower/bath. Max 4 guests for max. 3 nights. No smoking, pets welcome. Close to Mount Washington ski and bike resort. Grannies/volunteers and their travel companions only. Light breakfast included. Suggested donation \$50-\$75 per night depending on number of guests.

Contact willowrun04@gmail.com

Courtenay, one bedroom with double sized Ikea futon. Private bathroom. Use of kitchen and garden for snacks and relaxing. No children or pets. Grannies and partners welcome. Suggested donation \$50.

Contact gardenmagpie2@gmail.com or call 250 207 4911

Comox, modern house with back yard and deck offering one room with queen-sized bed and en-suite bathroom for max. 2 guests, max. 2 nights. Simple breakfast provided. Small dogs accepted, no smoking. Close to Comox with restaurants, stores and beautiful harbour, beaches, hiking, whale watching, golf and skiing at Mount Washington. Grannies/volunteers and travel companions welcome. Suggested donation \$55.

Contact lindataberner@yahoo.ca who will forward requests.

British Bed and Breakfast

Suggested donation: £60 double, £40 single per night /room including breakfast

All U.K. Enquiries: lindataberner@yahoo.ca

Guildford, A family house close to the cathedral and university campus. 15-20 minute walk from the mainline railway station (quarter or half hourly trains to London, 35 minutes, direct train to Gatwick

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airport 45 mins), but also on bus route to station and town centre or direct to Heathrow airport. The hosts can offer one double bedroom; max two guests for up to 3 nights. No smokers or pets. Will accept family and friend referred by grannies.

Guildford is the historic county town of Surrey. It was established by Saxon settlers and appears in the Domesday Book of 1086 as 'Geldeford' and 'Gildeford'. It is situated about half-way between London and the south coast with frequent rail services into Central London (35 minute rail journey) and to Portsmouth (1 hour). Guildford has a castle, a large selection of shops, a cobbled high street, cathedral, university, theatres, and a wide range of pubs and restaurants.

Cranleigh, A family house offering 1 double room with king sized bed (also separates into 2 singles) wash basin and shower. Next to bathroom. Max. 2 guests for up to 3 nights. The house is in the Green Belt on the edge of the Surrey Hills (Area of Outstanding Natural Beauty), and on the Guildford bus route. No smoking. Will accept family and friend referred by grannies.

Cranleigh is the largest village in England, has a full range of shops, restaurants and amenities. Frequent bus service to Guildford (20 mins).

Ilminster , family home offering 2 rooms with queen beds, one with en suite, for up to 4 guests, no smoking, 2 cats in home. A small market town in Somerset halfway between Yeovil and Taunton, Ilminster has an Arts Centre, a small theatre and in May each year, a literary Festival. A 30- 40min car journey and you are at the Jurassic coast and Lyme Regis. Bristol and Bath have a lot to offer and are just over an hour away. Will accept friends and family referred by grannies.